

ANEKANTVAD, FAITH AND REALITY.

Jain Dharma in poise with science. A simple article for people of simplicity.

Anekantvada the one and the only biggest principle if inculcated in life would be a justification to find the underlying truth in every debate. Floating on the belief of anekantvada will push you to seek the truth and ultimately lead you closer to the omnipotent and omniscience lord who knows it all anyways. In short this principle will lead you to the big dilemma we all face at some points of life asking "why me"?

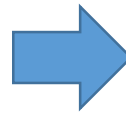
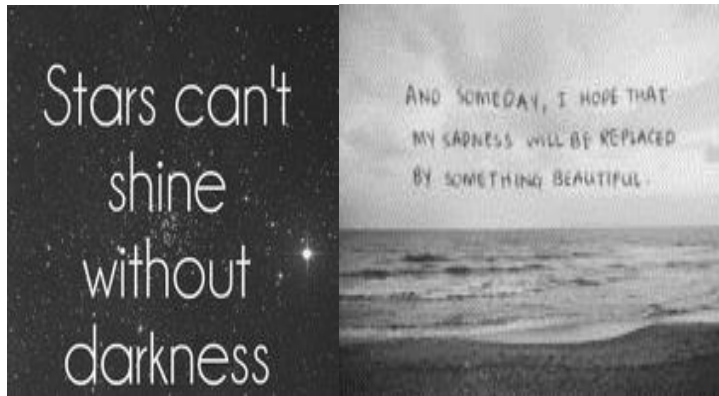
Faith is the only bridge that holds the bond between you and the almighty. A unique relationship with the lord in the form of religion will definitely keep you away from all the misery of life. Now let's see how this structure of faith intercedes with science. Depression a well-known pandemic that arise from combination of stress, worry and anxiety could be challenged with faith and beliefs of Jainism.

Depression- A scientific situation with serotonin depletion and endorphin reduction leading to loss of interest and chronic feeling of sadness in life. For a dedicated Jain who has faith in the religion and principles and who is dedicated to the daily routines of Jain dharma will have to snap out of the situation and get going with the rituals of daily Aarti, Pooja, Samayik and Pratikraman. That's it.....!! The activity builds back the serotonin levels, release of endorphins is initiated and diversification of the underlying stress factor leads to building towards the solution rather than crumble in the situation. Fasting is considered like a holiday to all the organs of body which are working hard every day. Fasting for a day reduces the physical energy of a person and thus tones a person's negative energy of a person to fight back in an ugly situation and leads towards forgiveness and peace. In other words coming back to TAP, JAAP AND AARADHANA leading to the ultimate bliss of emancipation.

Prabhu Mahavir ki Vani in other words is a complete consideration of life and we who are born as Jains are privileged to have discovered the truth and balance of life.

A lot has been questioned about Jain Sanskrit sutras in this era where the meaning of sutra is not understood and the interest to learn is lost. A surgeon can never be an artistic surgeon if he did not know the procedure right- this brings him to understanding the surgery and memorizing the steps. If we are open to memorizing when needed in every aspect of life where needed why question the memorizing of sutras. In other words it's a hidden treasure left to us and every sutra stands by you in a situation of crisis when intermingled with faith. Again a recipe of bliss!! Let's take a step towards preserving the treasure before it becomes obsolete. Remember Principles of Jainism- Anekantvada, Forgiveness, Fasting and Daily routine of dharmik kriya will take you through like an angel through any era or aspect of life. May it be corporate world, personal life or financial crisis? The biggest fact is Jainism is like a key to all the locks of life only we should have the drive to "**Never let go**".

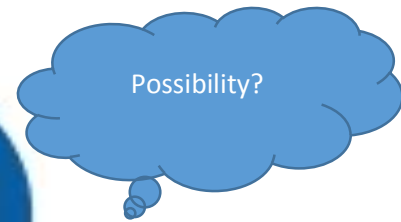
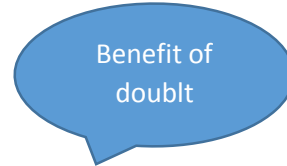
*The vast knowledge of Jainism stands true in every
Philosophy of life- aint it cool!!*



ANEKANTVADA – A contemporary art of – **NON ONE-SIDENESS**



Could be?



Leading to ultimate truth

Thus Anekantvada leads to the main principle of Jainism: "**Jainism: World of Non-Violence.**
"This commensurate the theory of not hurting anyone's feelings which leads to the basic cause of lots of violence as "Actions speak louder than words"